
OMB APPROVAL

OMB Number

Expires:
Estimated average burden

hours per response 1.0 $\,$

U.S. SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 5

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940										
[_]	may continue. See Instruction 1(b).										
[x]	Form 3 Holdings Reported										
[x]	· · · · · · · · · · · · · · · · · · ·										
1.	Name and Address of Repo	rting Person*									
McNa	mara	Donald		J.							
(Last)	(First)		(Middle)							
	Texas Commerce Tower Wes Ross Avenue	t,									
		(Street)									
Dall	as 	TX		75201							
_ (City)	(State)		(Zip)							
2.	Issuer Name and Ticker o	r Trading Symbol									
Omeg	a Healthcare Investors, I	nc. (OHI)									
3.	3. IRS Identification Number of Reporting Person, if an Entity (Voluntary)										
4.	Statement for Month/Year										
12/0	0										
5.	If Amendment, Date of Or	iginal (Month/Yea:	r)								
6.	Relationship of Reportin (Check all applicable)	g Person to Issue:	r								
	<pre>[X] Director [] Officer (give title</pre>	below)	[_]								
7.	. Individual or Joint/Group Filing (Check applicable line)										
	<pre>[x] Form filed by one Reporting Person [_] Form filed by more than one Reporting Person</pre>										

				4.			5. Amount of	6.
Owner-				Securities Acc Disposed of (1	.) or	Securities Beneficiall	shi .v	
Form: 7.				(Instr. 3, 4 a	Owned at End			
Direct Nature	of	2.	3.		· 		of Issuer's	
or Indirect		Transaction			(A)		Fiscal Year	, ,
Indirect Benefic Fitle of Security		Date	Code	Amount	or	Price	(Instr. 3	(I)
Ownership (Instr. 3)		(mm/dd/yy)	(Instr. 8)	rimouric	(D)	11100	and 4)	(±)
(Instr.4) (Instr.	4)							
 :S>		<c></c>	<c></c>	<c></c>	<c></c>	<c></c>	<c></c>	<c:< td=""></c:<>
C>		10 2	10 2	NO.	(0)	\C>	\C/	νο.
o securities own	ed							
	===========	==========		.=========		=======	=========	.=====
If the form	is filed by more tha	n one Reporti	ing Person,	see Instruction	on			
4 (b) (v).								
eminder: Report wned directly or	on a separate line indirectly.	for each class	s of securiti	es beneficial.	Ly			
Form 5-07/98)				(Ove	r)			
'ORM 5 (continued)							
	' ative Securities Acq	uired Dispose	ad of or Bene	aficially Owned				
	uts, calls, warrants							
	=======================================				==			
TABLE> CAPTION>								
0.							9.	
wner-							Nu	mber
hip							of	
f	2.						De	riv-
eriv- 11.	Conver-	5.			7.		at	ive
	sion	Numk	per of		Title an	d Amount	Se	cur-
tive Nature	or	Deri	ivative 6.		of Under	lying	8. it	ies
Secur- of			ırities Dat					

Securities Date

Exer-

ity: In-

Securities Price Bene-

5	cise	3.		Acqui	red (A)	Exercisa	ble and	(Instr. 3	3 and 4)	of	ficially
Direct direct	Price	Trans-	4.	or Dis	sposed	Expirati	on Date			Deriv-	Owned
(D) or Bene- 1.	of	action	Trans-	of (D))	(Month/D	ay/Year)		Amount	ative	at End
In- ficial Title of	Deriv-	Date	action	(Inst	r. 3,				or	Secur-	of
direct Owner- Derivative	ative	(Month/	Code	4 and	5)	Date	Expira-		Number	ity	Year
(I) ship Security	Secur-	Day/	(Instr.			Exer-	tion		of	(Instr.	(Instr.
(Instr. (Instr. (Instr. 4) 4) 4)	ity	Year)	8)	(A)	(D)	cisable		Title	Shares	5)	4)
<pre><s></s></pre>		<c></c>	<c></c>	<c></c>	<c></c>	<c></c>	<c></c>	<c></c>	<c></c>	<c></c>	<c></c>
*	\$6.25	10/17/00	A3**	A		3,333 o	n 7/17/1	1 Common	10,000	\$6.25	10,000
<u></u>						10/17/01 3,333 on 10/17/02 3,334 on 10/17/03	; ;	Stock			
Options (right to buy) D	\$3.8125	01/01/01	A4	А		333 on	1/1/12	Common	1,000	\$3.812	5 11,000
						01/01/02 333 on 01/01/03 334 on 01/01/04	;	Stock			
Series C 1,000,000 D Preferred Stock ***	\$6.25	07/17/00	A3	А		07/17/00	n/a	Common Stock	16,000,0	00 \$100.0	0

</TABLE>

Explanation of Responses:

 $\star\star$ - Mr. McNamara was granted 10,000 options upon the effective date of his appointment to the Board of Directors.

*** - Mr. McNamara disclaims beneficial ownership of the Series C Preferred Stock, which he is deemed beneficial owner because of his membership interest in The Hampstead Group, L.L.C, which holds the ultimate controlling interest in Explorer Holdings, L.P.

/s/ Donald J. McNamara

February 14, 2001

**Signature of Reporting Person

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal

- -----

Note: File three copies of this form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Page 2