FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
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1	Check this box if no longer subject to
ı	Section 16. Form 4 or Form 5 obligations
	may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* PLAVIN STEPHEN D					2. Issuer Name and Ticker or Trading Symbol OMEGA HEALTHCARE INVESTORS INC [OHI]								ationship of Reporting F call applicable) Director Officer (give title below)		Person(s) to Issuer 10% Owner Other (specify below)		
					3. Date of Earliest Transaction (Month/Day/Year) 01/01/2004												
(Street) SHORT HILLS NJ 07078 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)								dividual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		,	Table I - Non	-Deriva	tive \$	Securiti	es Ac	quired, [isp	osed of,	or Benefic	ially Ow	ned				
Date					asaction		on Date,	Code (In	de (Instr.		es Acquired (A Of (D) (Instr. 3, (A) or (D)	or 4 and 5) Price	Securities Beneficially Following F Transaction	Securities For		Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) of ative	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Al Securities Un Derivative Se (Instr. 3 and 4	derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Stock Option (right to buy)	\$9.33	01/01/2004		A		1,000 ⁽¹⁾		01/01/2005	2) (01/01/2014	Common Stock	1,000	\$0	14,00	00	D	

Explanation of Responses:

- 1. Grant of options for payment of Director's fees
- 2. The option becomes exercisable in three equal annual installments beginning on the first anniversary of the grant date specified in column 3.

Remarks:

Thomas Peterson, Attorney-in- 03/08/2005

<u>Fact</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.