FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Ritz Michael					2. Issuer Name and Ticker or Trading Symbol OMEGA HEALTHCARE INVESTORS INC [OHI]										ationship of R all applicab Director Officer (g below)	e)	Person(s) to Issuer 10% Ov Other (s	wner
(Last) (First) (Middle) 303 INTERNATIONAL CIRCLE					3. Date of Earliest Transaction (Month/Day/Year) 02/21/2019										Chief Accounting Officer				
SUITE 200					4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
(Street)	EY MD	2	1030												Form file	d by More	than C	ne Reportin	g Person
(City)	(State)) (Z	ip)																
		Ta	able I - Noı	n-Deri\	vativ	e Se	curiti	ies Acq	uired, I	Disp	osed o	f, or l	Benefic	ially Ov	/ned				
1. Title of Security (Instr. 3) 2. Trans Date (Month/				/Day/Year) Execu			2A. Deemed Execution Date, if any (Month/Day/Year)					quired (A) (Instr. 3,			ities icially Owned ving Reported		nership : Direct (D) lirect (I) . 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Price	(Instr. 3 and				(111541.4)
Common Stock 02/21					21/2019				М		5,362	2(1)	Α	\$36.46	\$36.46			D	
Common Stock 02/2				21/2019				F		2,458(2)		D	\$36.46	36.46 9,5		552			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Dat if any (Month/Day/Yo	Co	e, Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisal Expiration Date (Month/Day/Year		Securi Deriva		. Title and Amount ecurities Underlyin erivative Security and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Co	de	v	(A) (D)		Date Exercisable		Expiration Date	or Nu		Amount or Number of Shares		(Instr. 4)	.511(5)		
Deferred Stock Units	(3)	02/21/2019			М			5,362	(4)		(4)		Common Stock 5,		\$0	8,193		D	

Explanation of Responses:

- 1. Performance Award shares earned and vested December 31, 2014. The option to defer 95% of the stock until February 2019 was elected on June 3, 2014.
- 2. Represents the portion of Deferred Stock Units that was delivered by the reporting person as payment of income tax liability in connection with the expiration of the deferral.
- 3. Represents Deferred Stock Units which the reporting person elected to receive in lieu of common stocks upon the vesting of Restricted Stock Units. Each Deferred Stock Unit represents a right to receive one share of common stock when vested. If the participant previously elected, dividends will also be converted into Deferred Stock Units.
- 4. February 2019

/s/ Thomas H. Peterson, Attorney-in-Fact

** Signature of Reporting Person Date

02/22/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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