FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | |
| Estimated average burden | | | | | | | |
| hours per response: | 0.5 | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Ritz Michael (Last) (First) (Middle) 303 INTERNATIONAL CIRCLE | | | | | | 2. Issuer Name and Ticker or Trading Symbol OMEGA HEALTHCARE INVESTORS INC [OHI] 3. Date of Earliest Transaction (Month/Day/Year) 04/01/2019 | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title below) Chief Accounting Officer | | | | |
|---|---|--|--|-------------|----------------------------|--|--|---|---|---|---|-------------------------------------|---|--|---|-----------|--|
| SUITE 200 (Street) HUNT VALL (City) | 4. | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | 6. Indi | ndividual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Tran | | | | 2. Transact | 2A. Deemed Execution Date, | | | 3. Transaction Code (Instr. 8) 4. Securities Acqu Disposed Of (D) (In | | | ies Acquired Of (D) (Instr. | (A) or | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common Stock 0 | | | | | 1/2019 | | Code M | v | Amount (A) or (D) (D) | | Price \$38.15 | (Instr. 3 an | | | D | , | |
| Common Stock 04 | | | | 04/01/2 | 01/2019 | | F | | 1,596 ⁽²⁾ D \$ | | \$38.15 | 11,269 | | D | | | |
| | | | Table II - E | | | | | | | | or Benefic e securiti | | ed | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date if any (Month/Day/Yea | Code (| Transaction Code (Instr. | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisal Expiration Date (Month/Day/Year | | and 7. Title and Amou Securities Underl Derivative Securit 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | derivative Securities Beneficial Owned Following Reported | Owner Form: Direct or Indi (I) (Ins | Ownership | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | Code | v | (A) | (D) | Date Exercisal | | Expiration Date | Title | Amount or Number of Shares | | Transaction (Instr. 4) | on(s) | | |
| Restricted Stock Units | (3) | 04/01/2019 | | М | | | 3,313 | (3) | Ť | (3) | Common Stock | 3,313 | \$0 | 24,017 | 7 | D | |
| Profit Interest Units | (4)(5) | 04/01/2019 | | М | | | 3,223 | (6) | | (6) | OP Units | 3,223 | \$0 | 16,548 | 3 | D | |
| OP Units | (5) | 04/01/2019 | | М | | 3,223 | | (5) | | (5) | Common Stock | 3,223 | \$0 | 3,223 | | D | |

Explanation of Responses:

- 1. Represents Restricted Stock Units (RSUs) granted 1/1/2016 that vested on 4/1/2019 and converted to common stock on a one-for-one basis.
- 2. Represents the portion of Restricted Stock Units (RSUs) surrendered by the reporting person as payment of income tax liability in connection with the vesting of the RSUs.
- 3. Represents Restricted Stock Units (RSUs) granted 1/1/2016 that vested on 4/1/2019 and converted into Common Stock on a one-for-one basis.
- 4. Represents Profits Interest Units ("Profits Units") in OHI Healthcare Properties Limited Partnership (the "Operating Partnership"), of which the Issuer is the general partner. Each Profits Unit represents a contingent right to receive one unit of limited partnership interest (an "OP Unit") in the Operating Partnership upon vesting and the satisfaction of certain tax-driven economic requirements.
- 5. Each OP Unit is redeemable at the election of the holder for cash equal to the then fair market value of one share of Issuer common stock, or at the Issuer's election, one share of Issuer common stock, subject to adjustment as set forth in the partnership agreement. the OP Units have no expiration date.
- 6. 25% of the Units earned based on performance for the 2016-2018 performance period vest at the end of each quarter of 2019, subject to contintued employment and accelerated vesting upon certain events.

/s/ Thomas H. Peterson.
Attorney-in-Fact

04/03/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.